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Mii amo Spa at Enchantment Resort Is First to Use WaveMotionTable Tuesday, January 24, 2012

Mii amo, the award-winning destination spa at Enchantment Resort in Sedona, AZ, is continuing to shape the spa industry with the introduction of the new WaveMotionTable™. Mii amo is the FIRST spa in the U.S. to offer this new form of wellness technology, which moves guests with a sense of weightlessness through the treatment as if they're floating. The table provides a new dimension for preventative and therapeutic spa treatments shown to provide pain relief, increased circulation, and a heightened sense of well-being. This technique has been shown to provide pain relief, increased circulation, deep relaxation, and a heightened sense of wellbeing. This technique has been shown to provide pain relief, increased circulation, deep relaxation, and a heightened sense of wellbeing. The variation of modalities the table allows in one session is unprecedented and is showcased in the new Kinetic Flow treatment, designed exclusively at Mii amo.

The WaveMotionTable™ was developed by Clap Tzu, a Hamburg, Germany-based innovator of massage tables and other massage accoutrements that meet the distinctive needs of the modern spa industry. Inspired by a combination of joint release techniques, physical therapy, and various massage practices, guests receive a unique experience producing amazing results in a short time while remaining fully clothed throughout the session. The table was procured by spa consultant under a tree, who also facilitated in the training and worked with Mii amo's therapists on the development of their new custom treatment.

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Kinetic Flow, an exclusive Mii amo experience, is delivered on a massage table with a gentle, fluid and rhythmic motion dispersing energy throughout the body for optimal health. Utilizing multiple massage techniques on the innovative WaveMotion Table™, the muscles begin to relax deeply, thereby favoring a decrease in muscle tension, reducing stress and improving blood circulation and flow of the lymphatic system. The unique features of the table allow the therapist to use the finest movements to achieve results that typically require great strength to perform. The result of the transformational session is a mobilizing and vital effect on the body as a whole. The treatment costs \$150 for 60 minutes.

View a video of the WaveMotionTable™ here.

Three, four and seven-night Journeys at Mii amo start at \$2250. For more information or to make reservations please visit www.miiamo.com or call 888.749.2137.


About Mii amo

Mii amo, a destination spa is part of the Enchantment Group portfolio of award-winning properties. The 24,000-square-foot spa in Sedona, Arizona, designed by Gluckman Mayner Architects, harmonizes with the Native American aesthetic and the surrounding red rock canyon, which are both integral to the Mii amo experience. Mii amo, a Yuman word signifying "passage", promotes personal transformation through mind, body and spiritual therapies. The intimate Mii amo "spa journey," which offers three, four and seven night all-inclusive packages, features 14 guest rooms and 2 suites; 25 treatment rooms, many with views of the canyon; private outdoor treatment areas; indoor and outdoor pools; library; retail shop and Mii amo cafe. Enchantment Group, the Scottsdale, Arizona based resort, hotel and spa development and management firm also operates Enchantment Resort in Sedona, AZ the Tides Inn located in Virginia. For more information about Mii amo, please visit www.miiamo.com or call 888.749.2137.

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