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MAGAZINE

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# ESCAPES



## Central Mexico is for Lovers

Looking for a Valentine's Day getaway? In central Mexico's rugged Bajío region in the state of Guanajuato, the 17th-century city of San Miguel de Allende houses historical landmarks, impressive architecture, a substantial American expatriate population and a romantic boutique resort, Hotel Matilda, with an outdoor spa, Spa En Vivo (a "living spa"). Located in the town center, sandwiched between Spanish Colonial churches, Hotel Matilda features the work of local artists, roaring fireplaces and a full library—everything you need for a romantic afternoon.

You can hike in the Sierra Guanajuato Mountain foothills, then Hotel Matilda will transport you 10 minutes away to lush land rented from local farmers. There, you'll find well-manicured thermal pools, fire pits, a Native American Temezcal sauna and a full-service spa. Treatments incorporate local delicacies and indigenous ingredients such as Mexican cinnamon and honey in the Tres Leche ("three milk") Body Wrap and cocoa in the Coffee and Mint Body Scrub. [hotelmotilda.com](http://hotelmotilda.com)

— Nicole Dorsey